



# “the way” series

## Mark Chapter 2:23-3:6



**Šabāt** (Definition: cease, desist, rest)

**Mark 2:23-28** (Jesus is Lord of the Sabbath)

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**Mark 3:1-6** (Doing Good on Sabbath is Lawful)

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### **Sabbath in the Old Testament**

**Exodus 16** (The first time the word sabbath shows up in the bible)

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**Exodus 20:8-11** (Sabbath included in the 10 commandments)

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**Exodus 31:12-18** (Sabbath as a sign of the covenant between Israel & God)

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**Deuteronomy 5:12-15** (Sabbath for Israelites to remember that God freed them from slavery)

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**New Testament accounts of Jesus addressing misconception of Jews about the sabbath:**

- Disciples picking grain (Mark 2, Matthew 12, Luke 6)
- Healing miracles
  - Man with shriveled hand (Mark 3, Matthew 12)
  - Woman crippled for 18 years (Luke 13:10-17)
  - Man suffering from abnormal swelling (Luke 14:1-6)
  - Invalid for 38 years in the pool of Bethesda (John 5:1-17) Highlight verse 17
  - Blind man from birth (John 9)

**Apostle Paul’s advice about sabbath:**

- Romans 14:5-6
- Colossians 2:16-17

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**Hebrews 4:1-11** (Sabbath-rest of God’s people is found in Jesus)

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**HOMEWORK for next week:**

**1) Read Mark 3:6 – 3:34**